

BohaterUN
Kraków 11.05.2019



Open Kobiety 5 km

Miejsce	Numer	Nazwisko	Imię	Rok Urodzenia	Płeć	Kat. Wiek.	Miasto	Wynik Netto	Wynik Brutto	Tempo	Prędkość
1	378	Katarzyna	Jabłońska	1993	K	KOpen		00:20:57,85	00:23:42,70	00:04:12	14,31 km/h
2	415	Weronika	Rybok	1995	K	KOpen		00:21:04,10	00:23:47,30	00:04:13	14,23 km/h
3	232	Anna	Pawlik	1990	K	KOpen		00:21:57,10	00:24:38,80	00:04:23	13,66 km/h
4	203	Patrycja	Krzywoń	1998	K	KOpen		00:21:57,25	00:24:42,90	00:04:23	13,66 km/h
5	300	Martyna	Garbacz	1998	K	KOpen		00:22:03,60	00:24:48,25	00:04:25	13,59 km/h
6	414	Sabina	Jedlińska	1988	K	KOpen		00:22:49,10	00:25:32,05	00:04:34	13,14 km/h
7	275	Dominika	Świątek	1999	K	KOpen		00:23:02,90	00:25:52,15	00:04:37	13,01 km/h
8	439	Anna	Chmiel	1984	K	KOpen		00:23:27,95	00:26:09,30	00:04:42	12,78 km/h
9	330	Yana	Russova	1995	K	KOpen		00:23:48,40	00:26:34,85	00:04:46	12,6 km/h
10	347	Agata	Kosiba	1985	K	KOpen		00:24:10,80	00:26:52,30	00:04:50	12,4 km/h
11	187	Karolina	Baran	1997	K	KOpen		00:24:11,10	00:26:59,40	00:04:50	12,4 km/h
12	319	Milena	Cherniak	1993	K	KOpen		00:24:12,75	00:26:59,25	00:04:51	12,39 km/h
13	404	Agata	Zajac	1996	K	KOpen		00:24:28,80	00:27:11,80	00:04:54	12,25 km/h
14	242	Aleksandra	Krawczyk	1993	K	KOpen		00:24:48,85	00:27:30,10	00:04:58	12,08 km/h
15	223	Sylwia	Maciasz	1992	K	KOpen		00:25:00,70	00:27:53,35	00:05:00	11,99 km/h
16	444	Katarzyna	Gibała	1991	K	KOpen		00:25:06,15	00:27:48,85	00:05:01	11,95 km/h
17	460	Klaudia	Kotula	1995	K	KOpen		00:25:13,55	00:28:02,25	00:05:03	11,89 km/h
18	231	Małgorzata	Błaszczak	1996	K	KOpen		00:25:25,75	00:28:08,10	00:05:05	11,79 km/h
19	348	Agnieszka	Stryszowska	1981	K	KOpen		00:25:32,45	00:28:15,45	00:05:06	11,74 km/h
20	366	Iryna	Tsurkan	1992	K	KOpen		00:25:34,00	00:28:22,85	00:05:07	11,73 km/h
21	350	Eliza	Czapiewska	1985	K	KOpen		00:25:40,05	00:28:22,80	00:05:08	11,68 km/h
22	395	Ewa	Grabska	1991	K	KOpen		00:25:41,80	00:28:42,50	00:05:08	11,67 km/h
23	270	Ewelina	Kiebzak	1995	K	KOpen		00:25:50,90	00:28:35,80	00:05:10	11,6 km/h
24	476	Monika	Ledniowska	1998	K	KOpen		00:25:59,00	00:28:49,95	00:05:12	11,54 km/h
25	305	Agnieszka	Tekiela	1996	K	KOpen		00:26:15,35	00:29:12,05	00:05:15	11,42 km/h
26	311	Angelika	Łuźna	1997	K	KOpen		00:26:20,00	00:29:05,40	00:05:16	11,39 km/h
27	267	Natalia	Witek	1987	K	KOpen		00:26:29,35	00:29:12,05	00:05:18	11,32 km/h
28	486	Agnieszka	Łoboda	1977	K	KOpen		00:26:35,45	00:29:24,95	00:05:19	11,28 km/h
29	228	Aleksandra	Pojnar	1992	K	KOpen		00:26:41,65	00:29:41,40	00:05:20	11,23 km/h
30	315	Iwona	Konieczna	1996	K	KOpen		00:26:43,55	00:29:38,05	00:05:21	11,22 km/h
31	515	Karolina	Niemiec	1995	K	KOpen		00:26:46,40	00:29:38,85	00:05:21	11,2 km/h
32	249	Marta	Sowa	1996	K	KOpen		00:26:47,65	00:29:47,50	00:05:22	11,19 km/h
33	416	Dominika	Duda	1996	K	KOpen		00:26:47,70	00:29:43,75	00:05:22	11,19 km/h
34	304	Klaudia	Majerańczyk	1996	K	KOpen		00:26:48,40	00:29:43,60	00:05:22	11,19 km/h
35	493	Monika	Lis	1980	K	KOpen		00:26:49,35	00:29:40,85	00:05:22	11,18 km/h
36	306	Natalia	Tekiela	1999	K	KOpen		00:26:50,50	00:29:45,25	00:05:22	11,17 km/h
37	194	Katarzyna	Zembaczyńska	1986	K	KOpen		00:27:01,35	00:29:48,95	00:05:24	11,1 km/h
38	429	Paulina	Ciszek	1990	K	KOpen		00:27:02,30	00:29:45,60	00:05:24	11,09 km/h
39	250	Aleksandra	Białek	1995	K	KOpen		00:27:07,35	00:30:07,50	00:05:25	11,06 km/h
40	247	Joanna	Pietras	1983	K	KOpen		00:27:07,90	00:29:48,85	00:05:26	11,05 km/h
41	469	Asia	Gąsior	1985	K	KOpen		00:27:09,40	00:30:01,40	00:05:26	11,04 km/h
42	357	Iwona	Jania	1994	K	KOpen		00:27:14,20	00:30:17,60	00:05:27	11,01 km/h
43	389	Magdalena	Kot	1998	K	KOpen		00:27:17,70	00:30:00,85	00:05:28	10,99 km/h

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44	207	Monika	Knapik-Szęszoł	1983	K	KOpen		00:27:19,75	00:30:02,40	00:05:28	10,97 km/h
45	380	Karolina	Czerwonka	1995	K	KOpen		00:27:22,60	00:30:15,55	00:05:29	10,95 km/h
46	245	Daria	Dziurgot	1998	K	KOpen		00:27:25,05	00:30:16,00	00:05:29	10,94 km/h
47	512	Aneta	Lachendro	1993	K	KOpen		00:27:31,45	00:30:14,45	00:05:30	10,89 km/h
48	369	Marta	Urbańska	1999	K	KOpen		00:27:35,80	00:30:29,45	00:05:31	10,87 km/h
49	22	Ola	Koehler	1989	K	KOpen		00:27:42,15	00:30:37,10	00:05:32	10,82 km/h
50	220	Justyna	Marchewka	1998	K	KOpen		00:27:49,40	00:30:40,70	00:05:34	10,78 km/h
51	218	Julia	Krempaska	1998	K	KOpen		00:27:57,05	00:30:50,40	00:05:35	10,73 km/h
52	385	Angelika	Kierc	1983	K	KOpen		00:28:02,35	00:30:56,25	00:05:36	10,69 km/h
53	483	Nina	Bażela	2019	K	KOpen		00:28:15,90	00:31:02,95	00:05:39	10,61 km/h
54	430	Dorota	Bubik	1979	K	KOpen		00:28:19,75	00:31:05,15	00:05:40	10,58 km/h
55	281	Aleksandra	Szczupak	1995	K	KOpen		00:28:20,45	00:31:23,85	00:05:40	10,58 km/h
56	229	Paulina	Łucka	1994	K	KOpen		00:28:29,45	00:31:14,85	00:05:42	10,52 km/h
57	244	Marta	Bartoszek	1998	K	KOpen		00:28:31,85	00:31:22,15	00:05:42	10,51 km/h
58	419	Monika	Szumiec	1986	K	KOpen		00:28:38,85	00:31:22,10	00:05:44	10,47 km/h
59	346	Agnieszka	Jędras	1979	K	KOpen		00:28:39,20	00:31:42,70	00:05:44	10,46 km/h
60	333	Michalina	Luśtyk	1996	K	KOpen		00:28:45,00	00:31:26,35	00:05:45	10,43 km/h
61	258	Kinga	Balińska	1999	K	KOpen		00:29:05,50	00:32:04,25	00:05:49	10,31 km/h
62	345	Agnieszka	Bolcek	1994	K	KOpen		00:29:09,95	00:32:15,40	00:05:50	10,28 km/h
63	391	Tatiana	Terteriani	1992	K	KOpen		00:29:12,20	00:31:56,80	00:05:50	10,27 km/h
64	362	Małgorzata	Wrońska	1984	K	KOpen		00:29:17,90	00:32:09,75	00:05:52	10,23 km/h
65	422	Agata	OLIWA	1976	K	KOpen		00:29:19,90	00:32:04,80	00:05:52	10,22 km/h
66	295	Aleksandra	Szarek	1984	K	KOpen		00:29:21,15	00:32:16,55	00:05:52	10,22 km/h
67	418	Magdalena	Gacek	1992	K	KOpen		00:29:21,95	00:32:17,70	00:05:52	10,21 km/h
68	320	Anna	Bucikiewicz	1992	K	KOpen		00:29:22,45	00:32:11,20	00:05:52	10,21 km/h
69	432	Aleksandra	Biłas	1997	K	KOpen		00:29:27,95	00:32:12,55	00:05:54	10,18 km/h
70	241	Weronika	Piotrowska	1999	K	KOpen		00:29:32,85	00:32:22,10	00:05:55	10,15 km/h
71	268	Agnieszka	Gutt	1980	K	KOpen		00:29:36,35	00:32:18,15	00:05:55	10,13 km/h
72	383	Natalia	Krawczyk	1999	K	KOpen		00:29:37,00	00:32:33,65	00:05:55	10,12 km/h
73	181	Katarzyna	Ciupińska	1990	K	KOpen		00:29:37,65	00:30:33,60	00:05:56	10,12 km/h
74	318	Ewelina	Kosior	1993	K	KOpen		00:29:40,05	00:32:38,20	00:05:56	10,11 km/h
75	529	Katsiaryna	Doshchacka	1991	K	KOpen		00:29:54,05	00:32:52,25	00:05:59	10,03 km/h
76	211	Elzbieta	Obrzut	1989	K	KOpen		00:29:59,25	00:32:42,75	00:06:00	10 km/h
77	461	Agnieszka	Zawiła	1986	K	KOpen		00:30:06,25	00:32:58,50	00:06:01	9,96 km/h
78	386	Emilia	Cioch	1983	K	KOpen		00:30:11,95	00:33:05,70	00:06:02	9,93 km/h
79	355	Karolina	Czarniecka	1976	K	KOpen		00:30:15,00	00:33:00,40	00:06:03	9,91 km/h
80	263	Dominika	Bień	1997	K	KOpen		00:30:15,10	00:33:13,45	00:06:03	9,91 km/h
81	497	Anna	Bakalarska	1976	K	KOpen		00:30:15,50	00:33:00,40	00:06:03	9,91 km/h
82	271	Ilona	Pasternak	1996	K	KOpen		00:30:29,55	00:33:21,30	00:06:06	9,83 km/h
83	533	Paulina	Gibała	1993	K	KOpen		00:30:36,25	00:33:18,80	00:06:07	9,8 km/h
84	506	Marta	Teliżyn	1998	K	KOpen		00:30:38,30	00:33:31,15	00:06:08	9,79 km/h
85	215	Elzbieta	Warzecha	1993	K	KOpen		00:30:52,30	00:33:35,30	00:06:10	9,71 km/h
86	376	Joanna	Najman	1988	K	KOpen		00:30:53,30	00:33:51,45	00:06:11	9,71 km/h

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87	387	Anna	Kapustka	1998	K	KOpen		00:30:56,60	00:33:49,85	00:06:11	9,69 km/h
88	388	Marcelina	Kujawiak	1997	K	KOpen		00:31:00,60	00:33:53,80	00:06:12	9,67 km/h
89	198	Barbara	Gdowska	1990	K	KOpen		00:31:02,10	00:33:49,15	00:06:12	9,66 km/h
90	456	Emilia	Rydzewska	1988	K	KOpen		00:31:07,20	00:33:59,15	00:06:13	9,64 km/h
91	274	Katarzyna	Brzostowska	1988	K	KOpen		00:31:18,30	00:34:01,15	00:06:16	9,58 km/h
92	292	Anna	Piskorz	1973	K	KOpen		00:31:20,85	00:34:21,30	00:06:16	9,57 km/h
93	392	Viktoriiia	Kravchuk	1995	K	KOpen		00:31:25,00	00:34:09,90	00:06:17	9,54 km/h
94	227	Aleksandra	Kopec	1992	K	KOpen		00:31:27,35	00:34:25,65	00:06:17	9,53 km/h
95	528	Roksolana	Iareonii	1997	K	KOpen		00:31:28,15	00:34:27,40	00:06:18	9,53 km/h
96	342	Dominika	Dołowy	1996	K	KOpen		00:31:33,45	00:34:30,95	00:06:19	9,5 km/h
97	224	Magdalena	Rokosz	1996	K	KOpen		00:31:34,90	00:34:31,80	00:06:19	9,49 km/h
98	248	Bożena	Maj	1986	K	KOpen		00:31:45,15	00:34:26,40	00:06:21	9,44 km/h
99	246	Agnieszka	Sajak	1986	K	KOpen		00:31:52,85	00:34:34,35	00:06:23	9,41 km/h
100	514	Jasemin	Ayun	1982	K	KOpen		00:31:53,30	00:34:40,75	00:06:23	9,4 km/h
101	308	Aleksandra	Kozak	1995	K	KOpen		00:31:58,20	00:34:51,25	00:06:24	9,38 km/h
102	478	Dominika	Skrzeczek	1998	K	KOpen		00:32:04,60	00:34:57,60	00:06:25	9,35 km/h
103	337	Grażyna	Adamek	1995	K	KOpen		00:32:07,15	00:34:54,00	00:06:25	9,34 km/h
104	530	Katarzyna	Czarnota	1998	K	KOpen		00:32:07,35	00:34:57,35	00:06:25	9,33 km/h
105	190	Jagoda	Capinska	2016	K	KOpen		00:32:07,65	00:35:11,15	00:06:26	9,33 km/h
106	189	Anna	Capinska	1980	K	KOpen		00:32:08,20	00:35:11,40	00:06:26	9,33 km/h
107	447	Maja	Pieniek	1997	K	KOpen		00:32:26,50	00:35:15,85	00:06:29	9,24 km/h
108	457	Daria	Mazur	1995	K	KOpen		00:32:31,60	00:35:28,25	00:06:30	9,22 km/h
109	334	Karolina	Furyk-Grabowska	1988	K	KOpen		00:32:32,00	00:35:25,85	00:06:30	9,22 km/h
110	467	Joanna	Pityńska	1998	K	KOpen		00:32:32,45	00:35:25,55	00:06:30	9,21 km/h
111	477	Agnieszka	Ozimek	1991	K	KOpen		00:32:32,70	00:35:28,45	00:06:31	9,21 km/h
112	252	Anna	Kendzierawska	1985	K	KOpen		00:32:39,00	00:35:22,05	00:06:32	9,18 km/h
113	285	Bernadeta	Taraska	1978	K	KOpen		00:32:48,85	00:35:55,25	00:06:34	9,14 km/h
114	481	Katarzyna	Michta	1999	K	KOpen		00:33:04,50	00:35:54,50	00:06:37	9,07 km/h
115	441	Jolanta	Pilch	1985	K	KOpen		00:33:05,90	00:36:11,00	00:06:37	9,06 km/h
116	298	RÓŻA	Kot	1995	K	KOpen		00:33:07,40	00:35:56,45	00:06:37	9,05 km/h
117	423	Paulina	Kozieł	1984	K	KOpen		00:33:11,75	00:35:57,60	00:06:38	9,03 km/h
118	243	Karolina	Górka	1996	K	KOpen		00:33:12,20	00:36:03,80	00:06:38	9,03 km/h
119	219	Agnieszka	Szwajca	1974	K	KOpen		00:33:13,15	00:36:02,10	00:06:39	9,03 km/h
120	341	Anna	Kapusta	1990	K	KOpen		00:33:15,10	00:35:59,95	00:06:39	9,02 km/h
121	499	Aleksandra	Mucha	1975	K	KOpen		00:33:22,60	00:36:24,10	00:06:41	8,98 km/h
122	197	Nikola	Ostrowska	1995	K	KOpen		00:33:28,70	00:36:15,70	00:06:42	8,96 km/h
123	510	Joanna	Andrzejewska	1980	K	KOpen		00:33:31,60	00:36:38,95	00:06:42	8,94 km/h
124	435	Małgorzata	Czachor	1991	K	KOpen		00:33:37,70	00:36:24,55	00:06:44	8,92 km/h
125	205	Julia	Piróg	1980	K	KOpen		00:33:44,90	00:36:29,75	00:06:45	8,88 km/h
126	265	Katarzyna	Żarecka	1999	K	KOpen		00:34:03,60	00:36:47,30	00:06:49	8,8 km/h
127	264	Wiktorii	Wtykło	1999	K	KOpen		00:34:04,05	00:36:47,40	00:06:49	8,8 km/h
128	399	Kinga	Pierzga	1994	K	KOpen		00:34:06,30	00:37:05,15	00:06:49	8,79 km/h
129	394	Karolina	Słaboń	1994	K	KOpen		00:34:06,80	00:37:05,10	00:06:49	8,79 km/h

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130	343	Magdalena	Humaj-Gyrsztar	1992	K	KOpen		00:34:10,90	00:37:11,90	00:06:50	8,77 km/h
131	393	Jadwiga	Surówka	1997	K	KOpen		00:34:10,95	00:37:11,75	00:06:50	8,77 km/h
132	365	Agnieszka	Kuśmierska	1982	K	KOpen		00:34:29,60	00:37:37,25	00:06:54	8,69 km/h
133	425	Aleksandra	Kizior	1997	K	KOpen		00:34:44,50	00:37:49,30	00:06:57	8,63 km/h
134	314	Monika	Mendyka	1978	K	KOpen		00:34:44,80	00:37:31,85	00:06:57	8,63 km/h
135	396	Weronika	Gadzicka	1996	K	KOpen		00:34:45,30	00:37:49,85	00:06:57	8,63 km/h
136	451	Magdalena	Kozicka	2000	K	KOpen		00:34:46,05	00:37:42,70	00:06:57	8,62 km/h
137	381	Joanna	Kubajak	1996	K	KOpen		00:34:46,85	00:37:37,25	00:06:57	8,62 km/h
138	239	Liliana	Śmiech	1999	K	KOpen		00:34:50,60	00:37:39,85	00:06:58	8,6 km/h
139	212	Karolina	Szklanny	1994	K	KOpen		00:35:05,20	00:37:51,80	00:07:01	8,55 km/h
140	338	Maria	Tylka	1995	K	KOpen		00:35:13,65	00:37:59,20	00:07:03	8,51 km/h
141	427	Marina	Bąkiewicz	1993	K	KOpen		00:35:29,20	00:38:19,75	00:07:06	8,45 km/h
142	329	Marta	Krzysztofek	1996	K	KOpen		00:35:34,80	00:38:41,45	00:07:07	8,43 km/h
143	336	Julia	Michalik	1997	K	KOpen		00:35:35,85	00:38:26,45	00:07:07	8,42 km/h
144	437	Ewa	Zioło	1983	K	KOpen		00:35:41,60	00:38:35,95	00:07:08	8,4 km/h
145	436	Katarzyna	Szczepaniec	1983	K	KOpen		00:35:41,80	00:38:36,25	00:07:08	8,4 km/h
146	368	Marta	Stefańska	1998	K	KOpen		00:35:44,40	00:38:50,70	00:07:09	8,39 km/h
147	498	Joanna	Tomala	1998	K	KOpen		00:35:44,85	00:38:50,85	00:07:09	8,39 km/h
148	407	Joanna	Gołębiowska	1988	K	KOpen		00:35:53,15	00:38:46,15	00:07:11	8,35 km/h
149	401	Olga	Tuleja	1998	K	KOpen		00:36:03,40	00:38:54,35	00:07:13	8,32 km/h
150	372	Julia	Ratowska	1998	K	KOpen		00:36:15,85	00:39:17,15	00:07:15	8,27 km/h
151	445	Maryna	Myroniuk	2000	K	KOpen		00:36:46,40	00:39:28,15	00:07:21	8,15 km/h
152	500	Katarzyna	Dybek	1988	K	KOpen		00:36:54,70	00:39:52,70	00:07:23	8,12 km/h
153	501	Linda	Alan	1981	K	KOpen		00:36:56,10	00:39:52,95	00:07:23	8,12 km/h
154	327	Jolanta	Szot	1996	K	KOpen		00:37:01,25	00:40:07,55	00:07:24	8,1 km/h
155	370	Justyna	Kalicka	1997	K	KOpen		00:37:01,45	00:40:02,60	00:07:24	8,1 km/h
156	214	Liliana	Ambrozińska	1980	K	KOpen		00:37:47,25	00:40:49,95	00:07:33	7,93 km/h
157	465	RÓŻA	Mudel	1981	K	KOpen		00:37:47,25	00:40:49,95	00:07:33	7,93 km/h
158	491	Anna	Białończyk	1972	K	KOpen		00:37:47,85	00:40:39,05	00:07:34	7,93 km/h
159	294	Dagmara	Karbowska	1994	K	KOpen		00:37:56,10	00:40:50,75	00:07:35	7,9 km/h
160	443	Katarzyna	Guzy	1992	K	KOpen		00:38:08,20	00:41:02,55	00:07:38	7,86 km/h
161	384	Paulina	Szewc	1998	K	KOpen		00:38:12,75	00:41:01,15	00:07:39	7,85 km/h
162	440	Magdalena	Mruczak	1998	K	KOpen		00:38:13,35	00:41:00,95	00:07:39	7,84 km/h
163	472	Pola	Kaszowska	1986	K	KOpen		00:38:13,45	00:41:15,55	00:07:39	7,84 km/h
164	313	Sylvia	Kwaśnik	1998	K	KOpen		00:38:14,50	00:41:01,10	00:07:39	7,84 km/h
165	405	Paulina	Czerwicka	1987	K	KOpen		00:38:16,00	00:41:23,05	00:07:39	7,83 km/h
166	204	Katarzyna	Cybulska	1980	K	KOpen		00:38:21,05	00:41:06,45	00:07:40	7,82 km/h
167	485	Anna	Baranovska	2001	K	KOpen		00:38:30,90	00:41:23,45	00:07:42	7,78 km/h
168	328	Marta	Pietrzykowska	1981	K	KOpen		00:39:07,50	00:42:13,35	00:07:50	7,66 km/h
169	209	Aleksandra	Pieścik	1978	K	KOpen		00:39:12,85	00:41:57,75	00:07:51	7,65 km/h
170	202	Katarzyna	Mucha	1983	K	KOpen		00:39:36,85	00:42:41,45	00:07:55	7,57 km/h
171	200	Hania	Mucha	1983	K	KOpen		00:39:39,55	00:42:40,85	00:07:56	7,56 km/h
172	462	Joanna	Kukła	1991	K	KOpen		00:40:40,30	00:43:37,00	00:08:08	7,37 km/h

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173	463	Agata	Szczepka	1991	K	KOpen		00:40:41,50	00:43:37,95	00:08:08	7,37 km/h
174	494	Dagmara	Żajdu	1996	K	KOpen		00:40:42,75	00:43:31,25	00:08:09	7,36 km/h
175	495	Jolanta	Zajdel	1969	K	KOpen		00:40:54,05	00:43:42,50	00:08:11	7,33 km/h
176	222	Marzena	Moncada	1982	K	KOpen		00:41:01,55	00:43:46,35	00:08:12	7,31 km/h
177	119	Monika	Dominik	1993	K	KOpen		00:41:37,70	00:42:38,80	00:08:20	7,2 km/h
178	301	Izolda	Bednarczyk	1981	K	KOpen		00:41:40,00	00:44:45,75	00:08:20	7,2 km/h
179	302	Julia	Bednarczyk	1981	K	KOpen		00:41:44,55	00:44:45,75	00:08:21	7,18 km/h
180	261	Patrycja	Hodyma	1986	K	KOpen		00:42:02,05	00:44:43,20	00:08:24	7,13 km/h
181	138	Marta	Ziobro	1984	K	KOpen		00:42:02,80	00:42:58,30	00:08:25	7,13 km/h
182	534	Wiktoria	Wnętkowska	2000	K	KOpen		00:42:27,75	00:45:23,15	00:08:30	7,06 km/h
183	126	Aleksandra	Krężel	1995	K	KOpen		00:42:47,20	00:43:48,30	00:08:33	7,01 km/h
184	114	Aleksandra	Baster	1991	K	KOpen		00:43:00,40	00:43:55,90	00:08:36	6,97 km/h
185	221	Joanna	Pszczola	1984	K	KOpen		00:43:14,35	00:46:06,00	00:08:39	6,93 km/h
186	466	Anita	Gawlik	1989	K	KOpen		00:43:14,60	00:46:05,50	00:08:39	6,93 km/h
187	431	Katarzyna	Prucia	1971	K	KOpen		00:43:15,05	00:46:05,45	00:08:39	6,93 km/h
188	225	Anna	Olkuska	1994	K	KOpen		00:43:16,60	00:46:05,85	00:08:39	6,93 km/h
189	173	Anna	Tofilska	1997	K	KOpen		00:43:30,30	00:44:30,05	00:08:42	6,89 km/h
190	10	Joanna	Grybos	1987	K	KOpen		00:43:34,70	00:44:34,05	00:08:43	6,88 km/h
191	526	Kamila	Ptasznik	2005	K	KOpen		00:43:38,80	00:46:42,50	00:08:44	6,87 km/h
192	272	Gabriela	Cebulska	1998	K	KOpen		00:44:44,95	00:47:44,40	00:08:57	6,7 km/h
193	273	Klaudia	Fizia	1998	K	KOpen		00:44:46,85	00:47:44,65	00:08:57	6,69 km/h
194	193	Beata	Kowal	1997	K	KOpen		00:44:47,40	00:47:44,65	00:08:57	6,69 km/h
195	16	Natalia	Tłuczek	1998	K	KOpen		00:44:52,80	00:45:50,25	00:08:59	6,68 km/h
196	147	Magdalena	Mikoś	2019	K	KOpen		00:45:20,80	00:46:18,05	00:09:04	6,61 km/h
197	151	Aneta	Pietraszek	1991	K	KOpen		00:46:37,90	00:47:33,15	00:09:20	6,43 km/h
198	71	Alina	Klosowicz	1985	K	KOpen		00:47:07,95	00:48:07,15	00:09:26	6,36 km/h
199	185	Aleksandra	Wielento	1994	K	KOpen		00:47:19,65	00:48:22,60	00:09:28	6,33 km/h
200	142	Ewelina	Sarad-Cichuta	1986	K	KOpen		00:47:24,45	00:48:23,90	00:09:29	6,32 km/h
201	504	Barbara	Pałys	1975	K	KOpen		00:48:37,45	00:49:34,35	00:09:43	6,16 km/h
202	65	Monika	Szewczyk	1983	K	KOpen		00:48:40,15	00:49:40,90	00:09:44	6,16 km/h
203	57	Majka	Duda	1996	K	KOpen		00:49:13,75	00:50:17,10	00:09:51	6,09 km/h
204	3	Izabela	Żak	1994	K	KOpen		00:49:48,25	00:50:54,65	00:09:58	6,02 km/h
205	60	Katarzyna	Rybacka	1979	K	KOpen		00:50:36,05	00:51:41,05	00:10:07	5,92 km/h
206	7	Paulina	Kosior	1988	K	KOpen		00:50:36,40	00:51:36,00	00:10:07	5,92 km/h
207	38	Agnieszka	Krępa	1991	K	KOpen		00:50:57,10	00:51:54,35	00:10:11	5,88 km/h
208	135	Magdalena	Pasek	1996	K	KOpen		00:51:34,90	00:52:35,45	00:10:19	5,81 km/h
209	111	Iwona	Pietrzyk	1975	K	KOpen		00:51:58,10	00:53:01,50	00:10:24	5,77 km/h
210	98	Izabela	Grażka	1991	K	KOpen		00:51:59,20	00:53:09,90	00:10:24	5,77 km/h
211	20	Angelika	Knop	1992	K	KOpen		00:52:27,60	00:53:25,65	00:10:30	5,71 km/h
212	24	Anna	Grabowska	1978	K	KOpen		00:52:50,40	00:53:49,05	00:10:34	5,67 km/h
213	37	Aleksandra	Satława	1995	K	KOpen		00:53:00,80	00:53:59,65	00:10:36	5,65 km/h
214	23	Renata	Durałek	1979	K	KOpen		00:53:19,40	00:54:15,05	00:10:40	5,62 km/h
215	56	Elżbieta	Kordos	1981	K	KOpen		00:53:30,70	00:54:31,55	00:10:42	5,6 km/h

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216	35	Aleksandra	Skwirut	1999	K	KOpen		00:53:31,50	00:54:37,05	00:10:42	5,6 km/h
217	6	Joanna	Białek	1989	K	KOpen		00:53:36,50	00:54:36,45	00:10:43	5,59 km/h
218	175	Bogusia	Bognacka	1993	K	KOpen		00:54:22,20	00:55:19,75	00:10:52	5,51 km/h
219	121	Edyta	Gajda	1975	K	KOpen		00:54:23,50	00:55:30,15	00:10:53	5,51 km/h
220	19	Joanna	Wrona	1996	K	KOpen		00:54:42,00	00:55:44,45	00:10:56	5,48 km/h
221	51	Julia	SZCZEPANEK	1993	K	KOpen		00:55:01,80	00:56:02,40	00:11:00	5,45 km/h
222	89	Marcelina	Cieź	1994	K	KOpen		00:55:54,60	00:57:00,25	00:11:11	5,36 km/h
223	32	Magdalena	Danel	1985	K	KOpen		00:56:26,45	00:57:26,60	00:11:17	5,31 km/h
224	177	Jadwiga	Król	1993	K	KOpen		00:57:10,80	00:58:13,20	00:11:26	5,24 km/h
225	80	Dorota	Wolińska	1986	K	KOpen		00:57:12,10	00:58:15,50	00:11:26	5,24 km/h
226	86	Katarzyna	Kraciuk	1998	K	KOpen		00:57:12,90	00:58:14,15	00:11:27	5,24 km/h
227	168	Joanna	Osnowska	1982	K	KOpen		00:57:56,85	00:58:52,70	00:11:35	5,17 km/h
228	166	Marta	Mendel	1993	K	KOpen		00:58:04,00	00:59:05,10	00:11:37	5,16 km/h
229	62	Jolanta	Borsa	1964	K	KOpen		00:58:32,20	00:59:35,85	00:11:42	5,12 km/h
230	64	Gabriela	Sutor	1995	K	KOpen		00:59:05,55	01:00:05,15	00:11:49	5,07 km/h
231	130	Justyna	Wandycz	1990	K	KOpen		01:00:33,70	01:01:29,25	00:12:07	4,95 km/h
232	128	Katarzyna	Wróblewska	1987	K	KOpen		01:01:09,55	01:02:05,50	00:12:14	4,9 km/h
233	158	Marlena	Solecka	1995	K	KOpen		01:01:10,60	01:02:12,10	00:12:14	4,9 km/h
234	170	Agnieszka	Sądel	1983	K	KOpen		01:02:03,50	01:02:59,00	00:12:25	4,83 km/h
235	141	Olha	Androsiuk	1993	K	KOpen		01:02:08,00	01:03:15,70	00:12:26	4,82 km/h
236	93	Maria	Bernert	1985	K	KOpen		01:03:07,10	01:04:10,05	00:12:37	4,75 km/h
237	163	Natalia	Bocho	1990	K	KOpen		01:03:23,90	01:04:25,85	00:12:41	4,73 km/h
238	116	Paulina	Olszewska	1999	K	KOpen		01:03:25,70	01:04:29,75	00:12:41	4,72 km/h
239	81	Jadwiga	Marchwica	1986	K	KOpen		01:04:07,35	01:05:12,95	00:12:49	4,67 km/h
240	88	Zofia	Dziedzic	1966	K	KOpen		01:04:33,40	01:05:36,80	00:12:55	4,64 km/h
241	12	Katarzyna	Wotek	1980	K	KOpen		01:05:05,80	01:06:13,45	00:13:01	4,6 km/h
242	117	Karolina	Buszek	2000	K	KOpen		01:05:34,35	01:06:38,35	00:13:07	4,57 km/h
243	527	Anna	Tylek	1987	K	KOpen		01:07:43,75	01:08:44,60	00:13:33	4,42 km/h
244	79	Wioletta	Klamka	1974	K	KOpen		01:11:45,70	01:12:44,55	00:14:21	4,18 km/h
245	84	Joanna	Adamczyk	1972	K	KOpen		01:11:46,00	01:12:45,10	00:14:21	4,18 km/h
246	85	Elwira	Adamczyk	1993	K	KOpen		01:11:50,80	01:12:50,00	00:14:22	4,17 km/h