

Biegowy Potop
Nybro 08.11.2019



Open Kobiety 15km

| Miejsce | Numer | Nazwisko | Imię | Rok Urodzenia | Płeć | Miasto | Wynik Netto | Wynik Brutto | Tempo | Prędkość |
|---------|-------|------------|--------|---------------|------|-----------|-------------|--------------|----------|------------|
| 1 | 595 | Banaszak | Monika | 1983 | K | Bydgoszcz | 01:28:52,20 | 01:28:55,40 | 00:05:55 | 10,12 km/h |
| 2 | 658 | Prochowska | Sylwia | 1987 | K | Wrocław | 01:29:36,60 | 01:29:39,25 | 00:05:58 | 10,04 km/h |

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Open Mężczyźni 15 km

| Miejsce | Numer | Nazwisko | Imię | Rok Urodzenia | Płeć | Miasto | Wynik Netto | Wynik Brutto | Tempo | Prędkość |
|---------|-------|------------|----------|---------------|------|--------------------|-------------|--------------|----------|------------|
| 1 | 660 | Smótkowski | Marcin | 1984 | M | Rumia | 01:10:53,60 | 01:10:55,25 | 00:04:44 | 12,69 km/h |
| 2 | 657 | Olszewski | Marek | 1969 | M | Lidzbark Warmiński | 01:12:43,75 | 01:12:46,05 | 00:04:51 | 12,37 km/h |
| 3 | 619 | Lampart | Piotr | 1981 | M | Chylice | 01:13:18,60 | 01:13:21,25 | 00:04:53 | 12,27 km/h |
| 4 | 654 | Mokrzycki | Patryk | 1977 | M | Knurów | 01:14:37,80 | 01:14:39,85 | 00:04:59 | 12,05 km/h |
| 5 | 661 | Węclaś | Maciej | 1979 | M | Piaseczno | 01:17:53,05 | 01:17:56,45 | 00:05:12 | 11,55 km/h |
| 6 | 653 | Laskowski | Daniel | 1979 | M | Bydgoszcz | 01:23:48,60 | 01:23:52,00 | 00:05:35 | 10,73 km/h |
| 7 | 594 | Adamiec | Grzegorz | 1980 | M | Wrocław | 01:29:37,00 | 01:29:39,85 | 00:05:58 | 10,04 km/h |
| 8 | 616 | Kordek | Jarosław | 1976 | M | Szczytno | 01:32:59,15 | 01:33:01,80 | 00:06:12 | 9,67 km/h |
| 9 | 659 | Rogalski | Grzegorz | 1982 | M | Szczytno | 01:33:23,35 | 01:33:25,45 | 00:06:14 | 9,63 km/h |

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Open Kobiety 10km

| Miejsce | Numer | Nazwisko | Imię | Rok Urodzenia | Płeć | Miasto | Wynik Netto | Wynik Brutto | Tempo | Prędkość |
|---------|-------|------------------|--------------|---------------|------|-----------------|-------------|--------------|----------|------------|
| 1 | 669 | Kaczmarek Byzdra | Aleksandra | 1974 | K | Chwaszczyno | 00:50:30,85 | 00:50:33,25 | 00:05:03 | 11,87 km/h |
| 2 | 675 | Zielińska | Barbara | 1966 | K | Inowrocław | 00:55:38,75 | 00:55:40,80 | 00:05:34 | 10,78 km/h |
| 3 | 672 | Nijak | Jolanta | 1988 | K | Gdańsk | 00:57:25,00 | 00:57:28,15 | 00:05:45 | 10,44 km/h |
| 4 | 666 | Dudek | Sandra | 1996 | K | Piekary Śląskie | 01:07:50,45 | 01:07:52,75 | 00:06:47 | 8,84 km/h |
| 5 | 674 | Zalewska | Ewa Adrianna | 1993 | K | Warszawa | 01:09:11,35 | 01:09:12,85 | 00:06:55 | 8,67 km/h |
| 6 | 673 | Skoczek | Sylwia | 1984 | K | Piekary Śląskie | 01:09:43,90 | 01:09:46,50 | 00:06:58 | 8,6 km/h |

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Open Mężczyźni 10km

| Miejsce | Numer | Nazwisko | Imię | Rok Urodzenia | Płeć | Miasto | Wynik Netto | Wynik Brutto | Tempo | Prędkość |
|---------|-------|-----------|------------|---------------|------|------------|-------------|--------------|----------|------------|
| 1 | 668 | Hajduk | Arek | 1977 | M | Poznan | 00:51:46,25 | 00:51:47,65 | 00:05:11 | 11,58 km/h |
| 2 | 676 | Zieliński | Robert | 1963 | M | Inowrocław | 00:55:38,15 | 00:55:40,90 | 00:05:34 | 10,78 km/h |
| 3 | 670 | Liszewski | Paweł | 1990 | M | Gdańsk | 00:57:25,00 | 00:57:27,95 | 00:05:45 | 10,44 km/h |
| 4 | 834 | Figiel | Paweł | 1977 | M | Kalisz | 00:57:39,35 | 00:57:40,80 | 00:05:46 | 10,4 km/h |
| 5 | 667 | Gutkowski | Janusz | 1973 | M | Warszawa | 00:57:46,60 | 00:57:48,35 | 00:05:47 | 10,38 km/h |
| 6 | 662 | Bednarek | Michał | 1980 | M | Tczew | 01:01:13,15 | 01:01:15,65 | 00:06:07 | 9,8 km/h |
| 7 | 835 | Cuprych | Aleksander | 1974 | M | Kalisz | 01:02:50,20 | 01:02:52,05 | 00:06:17 | 9,54 km/h |

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Open Kobiety 5 km

| Miejsce | Numer | Nazwisko | Imię | Rok Urodzenia | Płeć | Miasto | Wynik Netto | Wynik Brutto | Tempo | Prędkość |
|---------|-------|--------------------|------------|---------------|------|--------------------|-------------|--------------|----------|------------|
| 1 | 691 | Kłoda | Dominika | 1996 | K | Poznań | 00:20:14,70 | 00:20:15,85 | 00:04:03 | 14,81 km/h |
| 2 | 711 | Rogowska | Monika | 1979 | K | Gdynia | 00:24:46,05 | 00:24:47,95 | 00:04:57 | 12,11 km/h |
| 3 | 720 | Smółkowska | Iwona | 1984 | K | Rumia | 00:26:23,65 | 00:26:26,80 | 00:05:17 | 11,36 km/h |
| 4 | 721 | Sobiecka | Małgorzata | 1980 | K | Konopki | 00:27:53,10 | 00:27:56,50 | 00:05:35 | 10,75 km/h |
| 5 | 830 | Wsuf | Monika | 1977 | K | Poznań | 00:28:21,50 | 00:28:24,15 | 00:05:40 | 10,57 km/h |
| 6 | 683 | Ciukszo | Jowita | 1978 | K | Szczytno | 00:29:09,85 | 00:29:11,50 | 00:05:50 | 10,28 km/h |
| 7 | 728 | Wiśniewska | Małgorzata | 1981 | K | Gdynia | 00:29:51,35 | 00:29:55,05 | 00:05:58 | 10,04 km/h |
| 8 | 822 | Jągła | Dagmara | 1989 | K | Wałkowska | 00:29:56,35 | 00:30:01,60 | 00:05:59 | 10,02 km/h |
| 9 | 699 | Lewandowska | Elżbieta | 1982 | K | Szczytno | 00:30:00,75 | 00:30:02,20 | 00:06:00 | 9,99 km/h |
| 10 | 713 | Siwek | Milena | 1983 | K | Pasym | 00:30:00,90 | 00:30:02,20 | 00:06:00 | 9,99 km/h |
| 11 | 686 | Herbszt | Paulina | 1987 | K | Wydminy | 00:30:39,70 | 00:30:43,70 | 00:06:08 | 9,78 km/h |
| 12 | 723 | Ślusarczyk | Aleksandra | 1985 | K | Krośnice | 00:31:14,80 | 00:31:18,50 | 00:06:15 | 9,6 km/h |
| 13 | 708 | Orłowska | Katarzyna | 1980 | K | Szczytno | 00:31:30,85 | 00:31:33,40 | 00:06:18 | 9,51 km/h |
| 14 | 823 | Spasiński | Izabela | 1975 | K | Świecie | 00:31:46,65 | 00:31:51,30 | 00:06:21 | 9,44 km/h |
| 15 | 818 | Krawczyk | Dominika | 2002 | K | Świecie | 00:31:47,05 | 00:31:52,85 | 00:06:21 | 9,43 km/h |
| 16 | 684 | Grzymała | Barbara | 1973 | K | Warszawa | 00:32:08,10 | 00:32:12,40 | 00:06:26 | 9,33 km/h |
| 17 | 725 | Widlak-Majza | Katarzyna | 1968 | K | 41-940 | 00:32:27,15 | 00:32:31,35 | 00:06:29 | 9,24 km/h |
| 18 | 735 | Zańko | Anna | 1970 | K | Warszawa | 00:32:30,95 | 00:32:35,30 | 00:06:30 | 9,22 km/h |
| 19 | 705 | Mierzejewska | Agnieszka | 1978 | K | Szczytno | 00:32:48,50 | 00:32:49,90 | 00:06:34 | 9,14 km/h |
| 20 | 732 | Wolska | Marta | 1990 | K | Gdańsk | 00:32:57,85 | 00:33:04,60 | 00:06:36 | 9,1 km/h |
| 21 | 698 | Lampart | Anna | 1977 | K | Chylice | 00:33:04,15 | 00:33:07,70 | 00:06:37 | 9,07 km/h |
| 22 | 680 | Bojan | Anna | 1979 | K | Gdynia | 00:33:37,30 | 00:33:40,55 | 00:06:43 | 8,92 km/h |
| 23 | 687 | Hollek | Olga | 1980 | K | Częstochowa | 00:33:39,45 | 00:33:47,90 | 00:06:44 | 8,91 km/h |
| 24 | 731 | Wojdanowska | Małgorzata | 1987 | K | Tarnowskie Góry | 00:33:43,15 | 00:33:48,60 | 00:06:45 | 8,89 km/h |
| 25 | 730 | Wojdanowska | Agata | 1988 | K | Puławny | 00:33:43,30 | 00:33:48,55 | 00:06:45 | 8,89 km/h |
| 26 | 694 | Kozłowska | Lena | 2009 | K | Pasym | 00:33:45,20 | 00:33:47,30 | 00:06:45 | 8,88 km/h |
| 27 | 707 | Olszewski | Anna | 1972 | K | Lidzbark Warmiński | 00:34:03,35 | 00:34:09,20 | 00:06:49 | 8,8 km/h |
| 28 | 706 | Mokrzycka | Justyna | 1985 | K | Knurow | 00:34:25,10 | 00:34:27,65 | 00:06:53 | 8,71 km/h |
| 29 | 692 | Kolos | Katarzyna | 1984 | K | Pieńpole | 00:35:33,80 | 00:35:40,05 | 00:07:07 | 8,43 km/h |
| 30 | 726 | Wilczyńska | Anna | 1988 | K | Ciechanów | 00:35:34,15 | 00:35:39,90 | 00:07:07 | 8,43 km/h |
| 31 | 702 | Majnert | Oktawia | 1982 | K | Warszawa | 00:35:44,90 | 00:35:48,90 | 00:07:09 | 8,39 km/h |
| 32 | 679 | Będkowska-Makowska | Agnieszka | 1978 | K | Elbląg | 00:37:39,90 | 00:37:47,35 | 00:07:32 | 7,96 km/h |
| 33 | 729 | Wiśniewska | Małgorzata | 1983 | K | Konin | 00:39:40,55 | 00:39:46,60 | 00:07:56 | 7,56 km/h |
| 34 | 733 | Woznińska | Jolanta | 1968 | K | Tarnowskie Góry | 00:41:31,30 | 00:41:37,25 | 00:08:18 | 7,22 km/h |
| 35 | 689 | Karczewska | Ewa | 1956 | K | Gdańsk | 00:43:31,85 | 00:43:34,95 | 00:08:42 | 6,89 km/h |
| 36 | 824 | Spasińska | Wiktoria | 2002 | K | Świecie | 00:43:34,10 | 00:43:40,75 | 00:08:43 | 6,88 km/h |
| 37 | 821 | Deik | Elżbieta | 1951 | K | Przyjaźń | 00:45:53,75 | 00:45:55,10 | 00:09:11 | 6,53 km/h |
| 38 | 717 | Siwy | Patrycja | 2008 | K | Tarnowskie Góry | 00:46:23,00 | 00:46:28,35 | 00:09:17 | 6,46 km/h |
| 39 | 715 | Siwy | Lucyna | 1977 | K | Tarnowskie Góry | 00:46:42,80 | 00:46:49,55 | 00:09:21 | 6,42 km/h |
| 40 | 718 | Siwy | Paulina | 2007 | K | Tarnowskie Góry | 00:48:25,15 | 00:48:30,20 | 00:09:41 | 6,19 km/h |

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Open Kobiety 5 km

| Miejsce | Numer | Nazwisko | Imię | Rok Urodzenia | Płeć | Miasto | Wynik Netto | Wynik Brutto | Tempo | Prędkość |
|---------|-------|-----------|---------|---------------|------|-----------------|-------------|--------------|----------|-----------|
| 41 | 727 | Winicka | Martyna | 2010 | K | Toszek | 00:48:25,60 | 00:48:31,00 | 00:09:41 | 6,19 km/h |
| 42 | 734 | Woznińska | Milena | 2007 | K | Tarnowskie Góry | 00:48:25,70 | 00:48:30,25 | 00:09:41 | 6,19 km/h |

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Open Mężczyźni 5km

| Miejsce | Numer | Nazwisko | Imię | Rok Urodzenia | Płeć | Miasto | Wynik Netto | Wynik Brutto | Tempo | Prędkość |
|---------|-------|-------------------|-----------|---------------|------|-----------------|-------------|--------------|----------|------------|
| 1 | 712 | Siedler | Martin | 1988 | M | Kolobrzeg | 00:21:02,25 | 00:21:04,00 | 00:04:12 | 14,26 km/h |
| 2 | 724 | Wagner | Michał | 1993 | M | Gdańsk | 00:23:53,60 | 00:23:56,70 | 00:04:47 | 12,55 km/h |
| 3 | 663 | Chamier Cieminski | Tomasz | 1988 | M | Gdynia | 00:23:58,65 | 00:24:07,10 | 00:04:48 | 12,51 km/h |
| 4 | 697 | Kwacz | Krzysztof | 1976 | M | Poznań | 00:24:06,25 | 00:24:10,55 | 00:04:49 | 12,44 km/h |
| 5 | 685 | Herbszt | Krzystian | 1991 | M | Wydminy | 00:24:49,70 | 00:24:53,70 | 00:04:58 | 12,08 km/h |
| 6 | 836 | Brodziak | Konrad | 1982 | M | Kalisz | 00:26:35,25 | 00:26:44,30 | 00:05:19 | 11,28 km/h |
| 7 | 688 | Kaliszuk | Bartosz | 1986 | M | Swarzędz | 00:26:44,05 | 00:26:48,35 | 00:05:21 | 11,22 km/h |
| 8 | 681 | Brzuzy | Mateusz | 2003 | M | Szczytno | 00:27:37,85 | 00:27:40,65 | 00:05:32 | 10,85 km/h |
| 9 | 831 | Grzesiak | Maciej | 2007 | M | Poznań | 00:27:46,85 | 00:27:48,80 | 00:05:33 | 10,79 km/h |
| 10 | 700 | Lewandowski | Gabriel | 2007 | M | Szczytno | 00:27:51,25 | 00:27:52,90 | 00:05:34 | 10,77 km/h |
| 11 | 710 | Parasiński | Michał | 1978 | M | Gdynia | 00:29:03,40 | 00:29:06,50 | 00:05:49 | 10,32 km/h |
| 12 | 677 | Andrzejewski | Patryk | 1980 | M | Poznań | 00:29:25,70 | 00:29:32,40 | 00:05:53 | 10,19 km/h |
| 13 | 825 | Spasiński | Kacper | 2002 | M | Świecie | 00:29:26,85 | 00:29:31,95 | 00:05:53 | 10,18 km/h |
| 14 | 704 | Makowski | Marcin | 1975 | M | Elbląg | 00:30:55,00 | 00:31:02,85 | 00:06:11 | 9,7 km/h |
| 15 | 722 | Szczerbo | Andrzej | 1973 | M | Szczytno | 00:32:13,40 | 00:32:15,65 | 00:06:27 | 9,31 km/h |
| 16 | 655 | Myszkowski | Sebastian | 1978 | M | Baniocha | 00:33:05,40 | 00:33:09,10 | 00:06:37 | 9,06 km/h |
| 17 | 693 | Kowalik | Piotr | 1987 | M | Swornegacie | 00:33:37,85 | 00:33:47,50 | 00:06:44 | 8,92 km/h |
| 18 | 695 | Kozłowski | Mirosław | 1967 | M | Pasym | 00:34:18,25 | 00:34:20,55 | 00:06:52 | 8,74 km/h |
| 19 | 682 | Chwedoruk | Wojciech | 1971 | M | Szczytno | 00:35:05,20 | 00:35:06,05 | 00:07:01 | 8,55 km/h |
| 20 | 701 | Maciaszek | Andrzej | 1982 | M | Konin | 00:39:41,20 | 00:39:47,00 | 00:07:56 | 7,55 km/h |
| 21 | 819 | Młyński | Maciej | 1969 | M | Świecie | 00:40:52,15 | 00:40:59,40 | 00:08:10 | 7,34 km/h |
| 22 | 714 | Siwek | Paweł | 1977 | M | Pasym | 00:43:19,85 | 00:43:22,80 | 00:08:40 | 6,92 km/h |
| 23 | 837 | Antosiak | Patryk | 2001 | M | Szczytno | 00:43:19,90 | 00:43:22,55 | 00:08:40 | 6,92 km/h |
| 24 | 709 | Pankiewicz | Piotr | 1972 | M | Szczytno | 00:44:36,75 | 00:44:38,75 | 00:08:55 | 6,72 km/h |
| 25 | 690 | Karczewski | Andrzej | 1954 | M | Gdansk | 00:45:05,10 | 00:45:08,65 | 00:09:01 | 6,65 km/h |
| 26 | 820 | Pałasz | Edmund | 1947 | M | Rumia | 00:45:53,20 | 00:45:54,70 | 00:09:11 | 6,53 km/h |
| 27 | 716 | Siwy | Marek | 1976 | M | Tarnowskie Góry | 00:46:21,80 | 00:46:28,30 | 00:09:16 | 6,47 km/h |
| 28 | 719 | Skura | Sylwester | 1968 | M | Tworóg | 00:46:43,20 | 00:46:49,95 | 00:09:21 | 6,42 km/h |

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Open Kobiety 5 km Nordic Walking

| Miejsce | Numer | Nazwisko | Imię | Rok Urodzenia | Płeć | Miasto | Wynik Netto | Wynik Brutto | Tempo | Prędkość |
|---------|-------|--------------------|-----------|---------------|------|-----------------|-------------|--------------|----------|-----------|
| 1 | 766 | Janoszka | Irena | 1963 | K | Radzionków | 00:35:29,05 | 00:35:30,65 | 00:07:06 | 8,45 km/h |
| 2 | 804 | Stańczak | Grażyna | 1953 | K | Gdańsk | 00:35:54,70 | 00:35:55,55 | 00:07:11 | 8,35 km/h |
| 3 | 811 | Walecka | Romualda | 1955 | K | Chełmno | 00:36:31,70 | 00:36:33,30 | 00:07:18 | 8,21 km/h |
| 4 | 789 | Miszczak | Katarzyna | 1976 | K | Ruda Śląska | 00:37:26,45 | 00:37:29,85 | 00:07:29 | 8,01 km/h |
| 5 | 785 | Marędzia | Magdalena | 1981 | K | Bytom | 00:38:19,95 | 00:38:25,70 | 00:07:40 | 7,82 km/h |
| 6 | 795 | Sędzik | Katarzyna | 1973 | K | Bytom | 00:38:45,80 | 00:38:47,55 | 00:07:45 | 7,73 km/h |
| 7 | 774 | Kordek | Bogumiła | 1979 | K | Szczytno | 00:39:01,75 | 00:39:05,80 | 00:07:48 | 7,68 km/h |
| 8 | 826 | Pędziwiatr | Ewa | 1958 | K | Katowice | 00:39:16,70 | 00:39:24,45 | 00:07:51 | 7,63 km/h |
| 9 | 813 | Walusz | Jolanta | 1969 | K | Bytom | 00:39:19,50 | 00:39:22,45 | 00:07:52 | 7,62 km/h |
| 10 | 747 | Bożewicz | Ewa | 1971 | K | Piekary Śląskie | 00:39:19,65 | 00:39:22,30 | 00:07:52 | 7,62 km/h |
| 11 | 763 | Grzenia | Urszula | 1960 | K | Bytom | 00:39:20,05 | 00:39:24,05 | 00:07:52 | 7,62 km/h |
| 12 | 771 | Kasprzik | Jolanta | 1960 | K | Toszek | 00:40:15,75 | 00:40:18,35 | 00:08:03 | 7,45 km/h |
| 13 | 801 | Skura | Iwona | 1967 | K | Tworóg | 00:41:00,25 | 00:41:02,70 | 00:08:12 | 7,31 km/h |
| 14 | 812 | Walesiak | Anna | 1983 | K | Gdańsk | 00:41:02,25 | 00:41:13,55 | 00:08:12 | 7,31 km/h |
| 15 | 740 | Betlejewska | Joanna | 1997 | K | Szczytno | 00:41:17,20 | 00:41:18,95 | 00:08:15 | 7,26 km/h |
| 16 | 745 | Bobińska-Jażwińska | Agnieszka | 1977 | K | Szczytno | 00:42:07,90 | 00:42:10,35 | 00:08:26 | 7,12 km/h |
| 17 | 786 | Mika | Joanna | 1976 | K | Ruda Śląska | 00:42:16,20 | 00:42:23,10 | 00:08:27 | 7,09 km/h |
| 18 | 814 | Wisowska | Bożena | 1970 | K | Ruda Śląska | 00:42:25,20 | 00:42:30,45 | 00:08:29 | 7,07 km/h |
| 19 | 809 | Tkocz | Alicja | 1963 | K | Ruda Śląska | 00:42:31,75 | 00:42:37,75 | 00:08:30 | 7,05 km/h |
| 20 | 833 | Posim | Bogumiła | 1966 | K | Dubiel | 00:42:47,00 | 00:42:53,95 | 00:08:33 | 7,01 km/h |
| 21 | 779 | Lademan | Dorota | 1991 | K | Gromadzin | 00:42:56,20 | 00:43:12,05 | 00:08:35 | 6,98 km/h |
| 22 | 792 | Pągowska | Anita | 1976 | K | Ruda Śląska | 00:43:14,45 | 00:43:24,40 | 00:08:39 | 6,93 km/h |
| 23 | 827 | Mierzowska | Krystyna | 1974 | K | Katowice | 00:43:40,80 | 00:43:49,45 | 00:08:44 | 6,86 km/h |
| 24 | 775 | Kordek | Dominika | 2004 | K | Szczytno | 00:43:46,05 | 00:43:50,45 | 00:08:45 | 6,85 km/h |
| 25 | 791 | Nowak | Joanna | 1979 | K | Radzionków | 00:43:51,60 | 00:43:57,60 | 00:08:46 | 6,83 km/h |
| 26 | 799 | Siwczyk | Grażyna | 1958 | K | Piekary Śląskie | 00:44:09,95 | 00:44:22,85 | 00:08:50 | 6,79 km/h |
| 27 | 780 | Latoszewska | Ewelina | 1975 | K | Gdańsk | 00:44:12,00 | 00:44:25,15 | 00:08:50 | 6,78 km/h |
| 28 | 810 | Trykosko | Agnieszka | 1972 | K | Gdynia | 00:44:24,70 | 00:44:32,25 | 00:08:53 | 6,75 km/h |
| 29 | 765 | Hejner-Gajdamowicz | Ewa | 1976 | K | Gdańsk | 00:44:24,75 | 00:44:32,55 | 00:08:53 | 6,75 km/h |
| 30 | 737 | Balcerak | Angelika | 1994 | K | Gdańsk | 00:44:37,65 | 00:44:52,40 | 00:08:56 | 6,72 km/h |
| 31 | 828 | Spyra | Krystyna | 1964 | K | Katowice | 00:44:41,55 | 00:44:49,90 | 00:08:56 | 6,71 km/h |
| 32 | 759 | Drozd | Krystyna | 1961 | K | Bytom | 00:44:43,90 | 00:44:49,75 | 00:08:57 | 6,7 km/h |
| 33 | 767 | Jaskulska | Aldona | 1969 | K | Gdańsk | 00:45:20,80 | 00:45:31,15 | 00:09:04 | 6,61 km/h |
| 34 | 755 | Czernikowska | Larysa | 1973 | K | Białe Błota | 00:45:55,35 | 00:46:02,90 | 00:09:11 | 6,53 km/h |
| 35 | 782 | Lubczyńska | Magdalena | 1976 | K | Solec Kujawski | 00:45:55,90 | 00:46:03,05 | 00:09:11 | 6,53 km/h |
| 36 | 794 | Poznańska | Eliza | 1995 | K | Gdańsk | 00:46:28,00 | 00:46:42,55 | 00:09:18 | 6,45 km/h |
| 37 | 783 | Majchrzyk | Natalia | 1967 | K | Gliwice | 00:46:45,75 | 00:46:52,10 | 00:09:21 | 6,41 km/h |
| 38 | 749 | Broll | Sabina | 1969 | K | Ruda Śląska | 00:47:11,30 | 00:47:20,65 | 00:09:26 | 6,35 km/h |
| 39 | 752 | Buczek | Bożena | 1964 | K | Ruda Śląska | 00:47:15,65 | 00:47:20,40 | 00:09:27 | 6,34 km/h |
| 40 | 784 | Malinowska | Katarzyna | 1980 | K | Piekary Śląskie | 00:47:46,55 | 00:48:00,05 | 00:09:33 | 6,27 km/h |

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Open Kobiety 5 km Nordic Walking

| Miejsce | Numer | Nazwisko | Imię | Rok Urodzenia | Płeć | Miasto | Wynik Netto | Wynik Brutto | Tempo | Prędkość |
|---------|-------|-------------|-----------|---------------|------|-----------------|-------------|--------------|----------|-----------|
| 41 | 790 | Muller | Helena | 1963 | K | Piekary Śląskie | 00:47:47,60 | 00:47:59,75 | 00:09:34 | 6,27 km/h |
| 42 | 815 | Włochowicz | Olga | 1982 | K | Piekary Śląskie | 00:47:48,15 | 00:48:00,50 | 00:09:34 | 6,27 km/h |
| 43 | 756 | Dalecka | Katarzyna | 1976 | K | Ruda Śląska | 00:47:53,15 | 00:47:59,95 | 00:09:35 | 6,26 km/h |
| 44 | 817 | Zielonka | Renata | 1969 | K | Tarnowskie Góry | 00:48:01,90 | 00:48:05,20 | 00:09:36 | 6,24 km/h |
| 45 | 773 | Kiwic | Zuzanna | 1966 | K | Ruda Śląska | 00:49:34,65 | 00:49:40,20 | 00:09:55 | 6,05 km/h |
| 46 | 762 | Gilewicz | Katarzyna | 1975 | K | Lublewo | 00:50:05,90 | 00:50:14,45 | 00:10:01 | 5,98 km/h |
| 47 | 754 | Czapp | Iwona | 1972 | K | Gdańsk | 00:50:06,40 | 00:50:15,25 | 00:10:01 | 5,98 km/h |
| 48 | 807 | Szymańska | Barbara | 1964 | K | Chełmno | 00:50:11,70 | 00:50:14,45 | 00:10:02 | 5,97 km/h |
| 49 | 760 | Dryńkowska | Ewa | 1962 | K | Tarnowskie Góry | 00:50:48,85 | 00:50:52,90 | 00:10:10 | 5,9 km/h |
| 50 | 772 | Kąkol | Anna | 2006 | K | Szczytno | 00:50:54,20 | 00:51:03,05 | 00:10:11 | 5,89 km/h |
| 51 | 829 | Sopalska | Maria | 1959 | K | Katowice | 00:50:55,40 | 00:51:03,85 | 00:10:11 | 5,89 km/h |
| 52 | 781 | Lewandowska | Eliza | 2010 | K | Szczytno | 00:51:03,25 | 00:51:04,15 | 00:10:13 | 5,87 km/h |
| 53 | 738 | Baran | Iwona | 1982 | K | Szczytno | 00:51:10,50 | 00:51:19,15 | 00:10:14 | 5,86 km/h |
| 54 | 739 | Betlejewska | Ewa | 1972 | K | Szczytno | 00:51:17,00 | 00:51:18,90 | 00:10:15 | 5,84 km/h |
| 55 | 778 | Krzemińska | Barbara | 1960 | K | Gdańsk | 00:52:08,45 | 00:52:23,85 | 00:10:26 | 5,75 km/h |
| 56 | 769 | Jaźwińska | Maria | 1976 | K | Gdańsk | 00:52:16,25 | 00:52:27,65 | 00:10:27 | 5,73 km/h |
| 57 | 777 | Kozłowska | Halina | 1967 | K | Pasym | 00:52:27,50 | 00:52:32,75 | 00:10:30 | 5,71 km/h |
| 58 | 736 | Bach | Joanna | 1976 | K | Gdańsk | 00:53:54,20 | 00:54:08,35 | 00:10:47 | 5,56 km/h |
| 59 | 743 | Błok | Katarzyna | 1971 | K | Gdańsk | 00:53:55,30 | 00:54:07,95 | 00:10:47 | 5,56 km/h |
| 60 | 750 | Brzuzy | Ewa | 1977 | K | Szczytno | 01:01:42,85 | 01:01:52,30 | 00:12:21 | 4,86 km/h |

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Open Mężczyźni 5 km Nordic Walking

| Miejsce | Numer | Nazwisko | Imię | Rok Urodzenia | Płeć | Miasto | Wynik Netto | Wynik Brutto | Tempo | Prędkość |
|---------|-------|-------------|------------|---------------|------|-----------------|-------------|--------------|----------|-----------|
| 1 | 787 | Mika | Tomasz | 1976 | M | Ruda Śląska | 00:34:03,95 | 00:34:05,75 | 00:06:49 | 8,8 km/h |
| 2 | 764 | Hajduk | Franciszek | 1964 | M | Tarnowskie Góry | 00:34:18,40 | 00:34:19,15 | 00:06:52 | 8,74 km/h |
| 3 | 808 | Tkocz | Adam | 1966 | M | Ruda Śląska | 00:34:59,60 | 00:35:01,85 | 00:07:00 | 8,57 km/h |
| 4 | 832 | Posim | Dariusz | 1964 | M | Dubiel | 00:35:16,25 | 00:35:17,40 | 00:07:03 | 8,5 km/h |
| 5 | 776 | Kordek | Wiktor | 2006 | M | Szczytno | 00:35:33,40 | 00:35:37,15 | 00:07:07 | 8,43 km/h |
| 6 | 770 | Kasprzik | Bernard | 1961 | M | Toszek | 00:35:34,50 | 00:35:35,35 | 00:07:07 | 8,43 km/h |
| 7 | 806 | Szot | Andrzej | 1987 | M | Gdańsk | 00:35:35,70 | 00:35:46,20 | 00:07:07 | 8,42 km/h |
| 8 | 805 | Stańczak | Ryszard | 1947 | M | Gdańsk | 00:38:08,35 | 00:38:09,80 | 00:07:38 | 7,86 km/h |
| 9 | 746 | Bobiński | Jerzy | 1962 | M | Szczytno | 00:39:15,35 | 00:39:18,50 | 00:07:51 | 7,64 km/h |
| 10 | 816 | Zieliński | Jacek | 1954 | M | Gdańsk | 00:40:04,75 | 00:40:09,15 | 00:08:01 | 7,48 km/h |
| 11 | 757 | Dalecki | Sławomir | 1976 | M | Ruda Śląska | 00:40:11,60 | 00:40:18,80 | 00:08:02 | 7,46 km/h |
| 12 | 768 | Jaskulski | Janusz | 1970 | M | Gdańsk | 00:40:54,50 | 00:41:05,65 | 00:08:11 | 7,33 km/h |
| 13 | 788 | Mikosza | Piotr | 1962 | M | Rudka | 00:40:59,50 | 00:41:02,75 | 00:08:12 | 7,31 km/h |
| 14 | 741 | Betlejewski | Adam | 2006 | M | Szczytno | 00:41:11,65 | 00:41:15,35 | 00:08:14 | 7,28 km/h |
| 15 | 742 | Betlejewski | Marek | 1966 | M | Szczytno | 00:42:01,95 | 00:42:06,65 | 00:08:24 | 7,13 km/h |
| 16 | 753 | Chojnacki | Piotr | 1974 | M | Gdańsk | 00:42:08,30 | 00:42:25,25 | 00:08:26 | 7,11 km/h |
| 17 | 748 | Broll | Jacek | 1969 | M | Ruda Śląska | 00:43:09,50 | 00:43:19,25 | 00:08:38 | 6,95 km/h |
| 18 | 803 | Sokół | Jerzy | 1955 | M | Malec | 00:43:53,25 | 00:43:57,95 | 00:08:47 | 6,83 km/h |
| 19 | 744 | Błeszyński | Patryk | 1995 | M | Gdańsk | 00:46:28,50 | 00:46:42,35 | 00:09:18 | 6,45 km/h |
| 20 | 793 | Pągowski | Arkadiusz | 1976 | M | Ruda Śląska | 00:47:18,95 | 00:47:28,60 | 00:09:28 | 6,34 km/h |
| 21 | 802 | Sobolewski | Jarosław | 1994 | M | Gdańsk | 01:00:03,65 | 01:00:19,20 | 00:12:01 | 4,99 km/h |
| 22 | 751 | Brzuzy | Paweł | 1976 | M | Szczytno | 01:01:52,15 | 01:01:53,15 | 00:12:22 | 4,84 km/h |